

What Do You Do With A Problem?

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Notes for the Leader:

Everyone is afraid sometimes. Courage is not the absence of fear, but the facing of it. With God's help, we can face our fears. Remembering that God is bigger than our problems and that God is always near is a good lesson for even our littlest disciples to learn! When we are willing to try new things and face our problems, we often get to learn something new.

Guided Questions/background:

Have you ever had a problem?
Did it kind of feel like this? Like a storm cloud?
How did you face your problem?
Did you have help?
This kid didn't ask a grownup. Did you ask a grownup?
Did you remember that God is always with you to help?
What if someone asked for your help with a problem? What would you say?

Scriptures:

Luke 8:22-25 (The Message)

One day he and his disciples got in a boat. "Let's cross the lake," he said. And off they went. It was smooth sailing, and he fell asleep. A terrific storm came up suddenly on the lake. Water poured in, and they were about to capsize. They woke Jesus: "Master, Master, we're going to drown!"

Getting to his feet, he told the wind, "Silence!" and the waves, "Quiet down!" They did it. The lake became smooth as glass. Then he said to his disciples, "Why can't you trust me?"

They were in absolute awe, staggered and stammering, "Who is this, anyway? He calls out to the winds and sea, and they do what he tells them!"

Psalms 46:1-3 (CEB)

God is our refuge and strength,
a help always near in times of great trouble.
That's why we won't be afraid when the world falls apart,
when the mountains crumble into the center of the sea,
when its waters roar and rage,
when the mountains shake because of its surging waves.

Suggested Prayer:

God,
When we are scared, help us remember that you are bigger. When we find a problem, help us stay calm and look for the opportunities to learn and grow. Amen.