

## Recommended Reading List for Celtic Pilgrimage, Scotland/Northern England, July 2022

Newell, John Phillip, Listening for the Heartbeat of God: A Celtic Spirituality, Paulist Press, New York, NY, 1997. *Former warden of Iona Abbey, Newell now leads the School of Celtic Consciousness and writes extensively. He has several other books, but this is still considered his magnum opus through which he has inspired millions to a deeper appreciation of creation, God and self as One.*

O'Donohue, John, Anam Cara: A Book of Celtic Wisdom, Harper Perennial, New York, NY, 1997. *Anam Cara is literally "holy friendship" and embodies God's design for all creation, for community of faith, and for us as fellow pilgrims on the way. John is a late Irish Catholic priest and spiritual guide with deep roots in Celtic spirituality. His writings and poetry are sublime.*

De Waal, Esther. Seeking God: The Way of St. Benedict. Liturgical Press, 2001. *Many of the sites we will visit had remarkable Benedictine communities until they were closed in the 1500s. Their ruins whisper beauty and truth to us still today, and our forebears who dwelled in these communities provide a deeply meaningful model for us amidst our busy modern lives as we yearn for connection and grounding, rhythms and balance of prayer, work and rest.*

### Optional Reads:

Bede: Ecclesiastical History of the English People, translated by Leo Sherley-Price and D. H. Farmer, Penguin Classics, Random House, UK, 1995. *We will visit the tomb of St. Bede in Durham Cathedral, and possibly Jarrow and the ancient church where he spent his monastic life. His writings are singularly most important in conveying the history of early Celtic missions in England and Scotland, and we are deeply indebted to him. Note: It is church history...*

Tristram, K., The Story of Holy Island: An Illustrated History, Canterbury Press, Norwich, 2009. *Kate is a retired Anglican priest who has lived on the Holy Island of Lindisfarne since the 1940s and is as knowledgeable as any about the history and mystery of this special island. Steve spent an hour with her in August 2019, in the chancel of a 12<sup>th</sup> C. church, as she regaled us with witty banter and rich stories. We hope to have her with us again for our trip.*

Marcus, Clare Cooper, Iona Dreaming: The Healing Power of Place, A Memoir, Nicholar-Hayes, Inc., Lake Worth, FL, 2010. *An interesting reflection on her six-month solitary retreat on Iona, but more broadly, she develops an inspiring treatise on the role that place can play in spiritual healing as one unfolds into authenticity informed by her surroundings and the practice of presence there.*

Pemberton, C., Soulfaring: Celtic Pilgrimage Then and Now, Morehouse Publishing, Harrisburg, PA, 1999. *The author traces the history of pilgrimage to the sites we will visit—from early Celtic monks to Medieval and modern pilgrims who all search for the transformative experience of the Holy in this sacred places. She offers her personal meditations along the way as well.*